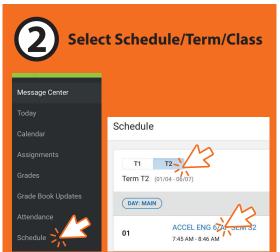
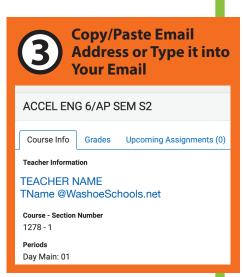


- How to find your student's teacher in IC.
 - How to email your student's teacher.
- How to form open-ended questions to best support your student through email.









Email Format Suggestion

Dear [Teacher's Name],

My student [student name] has been having a lot of trouble at home with getting her work done and her mental well-being. Do you have any resources that could help her? Please either call me at 123-4567 or respond back to this email with those resources.

Sincerely, [Your Name]

Open-Ended Questions

- What do you see as my child's strengths?
- What are some areas that you think my child might need extra support? (academic and social emotional)
- What resources are available in the school or community to provide extra support for my child?
- What are the most effective ways I can support my child's education outside of the school?





Who to turn to at School

We want to help you reach out to the appropriate person. Reach out to your principal or assistant principal as needed. Not all schools have all of these professionals.

TEACHER

- Homework, testing, and classroom support
- General classroom concerns and ongoing communication
- Positive behavioral interventions and supports (PBIS)
- Bullying
- Behavior

SCHOOL COUNSELORS

- Social and Emotional Skills
- Mental Health and Wellness
- Academic Planning
- College and Career Development
- Short-term Individual and Group Counseling
- Referrals to District level resources and outside community agencies
- Crisis Intervention

PRINCIPAL/ASSISTANT PRINCIPAL

- Class placement and setup
- Discipline concerns, like detention or suspension
- Teacher-related issues that couldn't be resolved by speaking to the teacher directly
- School policies
- Bullying

SPECIALIZED TEACHERS AND STAFF

- Issues related to IEPs and English Language Development
- Requesting meetings
- Behavior support plans
- Standardized testing accommodations
- Social/emotional issues (coping skills, conflict resolution, crisis intervention)

ATHLETIC/ACTIVITIES DIRECTOR

- Sports team eligibility
- Issues with coaches
- Student-athlete codes of conduct

AFTER SCHOOL PROGRAM SUPERVISOR

- Supervision and transportation
- Activities and accommodations
- Program Registration
- Social issues

FACE LIAISONS/FAMILY GRADUATION ADVOCATE

- Support communicating with teachers
- Questions about IC Parent Portal
- General question about the education system
- Bridging relationships between school and family

SCHOOL SOCIAL WORKER

- Connect families to community resources, such as mental health, health, housing, and food
- Support students and families dealing with traumatic stress through mental health counseling and crisis intervention
- Increase problem-solving communication between home and school when students have trouble coping with challenges

SAFE SCHOOL PROFESSIONAL

- Connect families to community and District resources
- Assist students with counseling, conflict resolution, and social skill development

FAMILY RESOURCE CENTERS

- Resources and referrals for basic needs such as food, housing, and health
- Budgeting, goal setting, and problem-solving
- Advocacy and interventions with community agencies
- Parenting programs including Parenting Wisely and Apple Seeds Parenting Program